



## *Adult and Pediatric Urology*

### CIRCUMCISION POST-OPERATIVE INSTRUCTIONS

#### **What to Expect**

- Slight redness, swelling, and scant drainage along the incision.
- Mild to moderate discomfort.
- Bruising as the tissue heals.
- Mild burning with urination, frequency, and/or urgency.
- Low-grade fever.
- Mild nausea and vomiting secondary to anesthesia.

#### **Activity**

- No sexual intercourse until cleared by physician.
- Check with physician regarding specific work instruction.

#### **Wound Care**

- Shower only after 48 hours; tub baths or submersion in water o.k. after two weeks
- Wash incision with soap and water
- Use ice pack for the first 48 hours as needed.

#### **Diet and Elimination**

- Diet as tolerated.
- Increase water intake to keep urine clear.
- Avoid straining with bowel movements.

#### **Call our Office if:**

- Increasing pain and swelling
- Fever greater than 101.5 F
- Difficulty voiding.
- Severe nausea and vomiting.