



THERMATRX POST-OP INSTRUCTIONS

- As a preventative measure, you have been given an antibiotic. Please follow all instructions given to you by your doctor on how medication should be taken.
- Your bladder will be emptied with the help of a catheter for the next few days. A catheter has been placed through your urethra to your bladder. You do not have to do anything to urinate; the catheter will automatically drain urine from your bladder. If you are drinking plenty of fluids and see no urine draining in the bag, and you are uncomfortable, please call our office.
- A little leakage around the catheter is normal.
- Please refrain from taking baths while the catheter is in place. Showers are fine. It is very important that the drainage bag is always lower than your abdomen. Before going to bed at night please empty your leg bag. Switch the leg bag daily from one leg to the other.
- You may observe some bloody discharge from your penis. You may find that your lower abdomen is sore and that sitting is uncomfortable. All of these are normal reactions to the procedure.
- Please try to take it easy for the next few days. Until your catheter is removed, you should refrain from any strenuous activity. Be sure to continue to eat balanced meals and drink plenty of water.
- Please remove your catheter on _____ as soon as you get up in the morning. You probably will not urinate for a couple of hours. This is normal because your bladder has been empty at all times due to the catheter.

Please call the office if you experience any of the following:

- Temperature greater than 101.5 degrees F.
- Evidence that the catheter is not draining urine or constant leakage around the catheter.
- Excessive bleeding
- Excessive discomfort
- Any chills or shaking

Karl R. Westenfelder, M.D., Garrick R. Simmons, M.D. Kevin M. Kronner, M.D., Christopher G Wicher, M.D.
North Campus - Garden City Medical Arts Building 601 W. Spruce Suite G, Missoula, Montana 59802
(406) 728-3366 (800) 370-3364 Fax (406) 329-2896
South Campus – 2831 Fort Missoula Road, Physician Center II, STE 105, Missoula, MT 59804
(406) 830-3107 Fax (406) 830-3109