



PATIENT INSTRUCTIONS FOR THERMATRX PROCEDURE

Your appointment is scheduled on _____ at _____ in our office with Dr. _____.

Please follow the directions below. If you have any questions or if for any reason you will be unable to make your appointment, please call our office

1. Reduce the amount of alcoholic and caffeinated beverages and tobacco products 48 hours prior to the procedure.
2. Limit your intake of fluids the day of the procedure.
3. Be sure to eat something the day of the procedure.
4. Fleets enema should be given 2 hours prior to the procedure.
5. Please make arrangements for transportation to and from the procedure.
6. You may bring books, magazines or your favorite music to pass the time.
7. If your physician prescribes medications to you, please follow instructions carefully.
8. You may take all your daily medications unless otherwise indicated by your physician.
9. Wear comfortable or loose fitting clothing the day of the procedure.
A catheter will be placed in your bladder and stay there for the next few days. Your doctor will instruct you on how and when it will be removed.