



## **UNDESCENDED TESTES (CRYPTORCHIDISM)**

### **Description**

A disorder present at birth in which one or both testicles have not descended from the pelvis into their normal position in the scrotum. Most descend spontaneously without treatment by one year of age.

### **Sign and Symptoms**

- Scrotum appears undeveloped on one or both sides.
- Testicle can't be felt in its normal position in the scrotum.

### **Treatment**

- Possible use of hormone therapy. (HCG)
- Surgery to move the testes into the scrotum (orchiopexy) done ideally between ages 15-21 months.
- If the testes lie in the scrotum and retract occasionally, the problem usually resolves itself by puberty.

### **Activity and Diet**

- No special restrictions.