



VAGINAL SLING AND TVT POSTOPERATIVE INSTRUCTIONS

What to Expect

- You may be able to go home a few hours after your procedure, but occasionally may require an overnight stay.
- You can expect a 2 to 3 week recovery period.

Activity

- Avoid heavy lifting (over 10 lbs) and strenuous activity for 6 weeks.
- No sexual intercourse for 6 weeks.

Wound Care

- Steri strips may be removed after 7 days.
- Shower as desired, but no tub bath for 1 week.

Diet and Elimination

- Regular diet.
- Maintain good hydration and avoid constipation.

Call our office if:

- You have difficulty voiding.
- Fever over 102 F.
- Any concerns.