**CLEAR LIQUID DIET**

Certain tests, x-rays, procedures, and surgeries require a clear liquid diet. Clear liquids are liquids that you are able to see through. Some clear diet approved items are listed below:

* WATER
* CLEAR BROTHS (No cream soups, meat, noodles, etc.)

Chicken Broth

Beef Broth

* JUICE (No Orange or Tomato)

Apple Juice

Apple Cider

Grape Juice

Grapefruit Juice

Cranberry Juice

Tang

Hawaiian Punch

Lemonade

Kool Aid

Gatorade

* TEA (You may add sweetener, but no cream or milk)
* COFFEE (You may add sweetener, but no cream or milk)
* CLEAR JELLO (Without fruit)
* POPSICLES (Without fruit or cream)