SUPRAPUBIC CATHETER HOME CARE (SP TUBE)

**Cleaning Instructions**

• Clean the insertion site using soap and water daily.

**Using Drainage Bags**

• You may use your leg bag during the day. It usually holds about a half quart of urine. Do not place straps too tightly on your leg, and alternate legs daily.

• At night or during the day, if you are lying down for long periods, use the larger drainage bag which holds about 1½ quarts of urine. Keep the drainage bag below the level of your bladder for downhill flow.

**Emptying your Drainage Bag**

• Wash your hands with soap and water

• Place bag over toilet or measuring container.

• Keep drainage bag below the bladder, unclamp or twist cap to open and empty the bag. Replace cap, wash hands.

**Cleaning Your Drainage Bags**

• Fill the bag you are not using with antibacterial soap and tap water. Let the water soak in the bag for 15 minutes, then empty.

• Rinse with tap water and let dry.

**Switching Your Drainage Bags**

• Gather supplies. Wash hands with soap and water.

• Wipe all connections with alcohol.

• Remove bag, connect clean bag to catheter.

• Empty bag and clean as noted above.

**Misc.**

• You may shower, but do not tub bathe.

• When cleaning your catheter, be careful not to pull too hard on the tube.

• Your SP catheter must be changed regularly (usually every 4-6 weeks).

**Call Our Office if:**

• Catheter is not draining. (make sure tubing is not kinked)

• Fever over 101.5 degrees F.

• Chills, severe pain in the lower back, bladder, or abdomen.

• Persistent bloody urine.

• Urine leakage from around the SP insertion site or from the urethra

• Redness, drainage, or swelling around the SP tube.