**VAGINAL SLING AND TVT POSTOPERATIVE INSTRUCTIONS**

**What to Expect**

* You may be able to go home a few hours after your procedure, but occasionally may require an overnight stay.
* You can expect a 2 to 3 week recovery period.

**Activity**

* Avoid heavy lifting (over 10 lbs) and strenuous activity for 2 to 6 weeks (depending on the type of sling or combination of procedures performed.
* No sexual intercourse for 6 weeks.

**Wound Care**

* Steri strips may be removed after 7 days.
* Shower as desired, but no tub bath for 1 week.

**Diet and Elimination**

* Regular diet.
* Maintain good hydration and avoid constipation.

**Call our office if:**

* You have difficulty voiding.
* Fever over 102 F.
* Any concerns.