**VASOVASOSTOMY (VASECTOMY REVERSAL)**

**POSTOPERATIVE INSTRUCTIONS**

**What to Expect**

• Your procedure will be performed on an outpatient basis.

• You will need a friend or family member with you to drive you home.

**Activity**

• Your physical activity is restricted immediately following surgery for the first 48 hours. You should remain relatively inactive, avoid driving, and limit car rides.

• Avoid lifting anything greater than 10 lbs. for 10 days following surgery.

• You may return to work 3 to 4 days after surgery.

• DO NOT engage in sexual intercourse and do not ejaculate for at least 3 weeks following the surgery.

**Wound Care**

• Apply ice pack wrapped with a cloth directly to your scrotum for the first 72 hours as often as convenient.

• Wear a scrotal support (jock strap) for 7 to 10 days.

• Change gauze dressing to incision area daily as long as drainage continues (usually about 3 days), then leave uncovered.

• You may shower after 3 days following your surgery, but avoid vigorous scrubbing of the scrotum.

• Expect some redness, itching, and discoloration for 2-3 weeks following surgery.

**Call Our Office if:**

• Fever over 101.5 degrees F.

• Excessive swelling of the scrotum and/or bleeding.

• Follow-up appointment to check semen will be approximately 4-6 weeks following surgery.