



Adult and Pediatric Urology
BALANITIS

Inflammation of the head of the penis and sometimes the foreskin as well. Usually associated with an unretractable foreskin of an uncircumcised male.

Signs and Symptoms

- Pain, redness, itching, and swelling of the head of the penis.
- Inflammation of the foreskin.
- Enlarged lymph glands in the groin.
- Discharge from the penis or burning upon urination.

Causes

- Infection from bacteria or fungus.
- Allergy to chemicals in clothing, condoms, or contraceptive creams.
- Tight foreskin.
- Reaction to certain medications.

Risk Factors

- Poor Hygiene.
- Diabetes.
- Trauma or minor injury to foreskin of penis.
- Sexually transmitted disease.

Treatment

- Warm water soaks.
- Steroid creams for control inflammation and swelling.
- Topical or oral antibiotics for 1-2 weeks to fight infection.
- Aspirin, Ibuprofen, or Tylenol for pain.
- Avoid sexual intercourse during treatment.
- Circumcision may be advised if problem recurs

Call our office if:

- Symptoms worsen or no improvement after 3 days.