



Adult and Pediatric Urology

POST-OPERATIVE INSTRUCTIONS FOR SCROTAL SURGERIES (Orchiectomy – Hydrocele – Spermatocele - Varicocele Repair)

What to Expect

- Slight redness, swelling, and scant drainage along the incision for 24-48 hours
- Mild to moderate discomfort.
- Bruising as the tissue heals.
- Mild burning with urination, frequency, and/or urgency.
- Low-grade fever.
- Mild nausea and vomiting secondary to anesthesia.

Activity

- No sexual intercourse until cleared by physician.
- Check with physician regarding specific work instruction.
- Wear athletic supporter or snug jockey underwear

Wound Care

- Shower only after 48 hours;.Sponge bath as needed for the first two days after surgery. No bath tub, pool or Jacuzzi for two weeks after surgery.
- Keep wound dry for the first 2 days, then you may wash incision with soap and water
- Apply ice pack to scrotum for the first 48 hours as needed to limit swelling.

Diet and Elimination

- Diet as tolerated. Begin with clear liquids, clear soup, dry toast or crackers. If not nauseated may resume regular diet.
- Increase water intake to keep urine clear.
- Avoid straining with bowel movements.

Call our Office if:

- Increasing pain and swelling
- Fever greater than 101.5 F
- Difficulty voiding.
- Severe nausea and vomiting.