SUPRAPUBIC CATHETER HOME CARE (SP TUBE)

Cleaning Instructions
• Clean insertion site using soap and water daily.

Using Drainage Bags
• You may use your leg bag during the day. It usually holds about a half quart of urine. Do not place straps too tightly on your leg, and alternate legs daily.
• At night or during the day, if you are lying down for long periods, use the larger drainage bag which holds about 1½ quarts of urine. Keep the drainage bag below the level of your bladder for downhill flow.

Emptying your Drainage Bag
• Wash your hands with soap and water
• Place bag over toilet or measuring container.
• Keep drainage bag below the bladder, unclamp or twist cap to open and empty the bag. Replace cap, wash hands.

Cleaning Your Drainage Bags
• Fill the bag you are not using with antibacterial soap and tap water. Let the water soak in the bag for 15 minutes, then empty.
• Rinse with tap water and let dry.

Switching Your Drainage Bags
• Gather supplies. Wash hands with soap and water.
• Wipe all connections with alcohol.
• Remove bag, connect clean bag to catheter.
• Empty bag and clean as noted above.

Misc.
• You may shower, but do not tub bathe.
• When cleaning your catheter, be careful not to pull too hard on the tube.
• Your SP catheter must be changed regularly (usually every 4-6 weeks).

Call Our Office if:
• Catheter is not draining. (make sure tubing is not kinked)
• Fever over 101.5 degrees F.
• Chills, severe pain in the lower back, bladder, or abdomen.
• Persistent bloody urine.
• Urine leakage from around the SP insertion site or from the urethra
• Redness, drainage, or swelling around the SP tube.