



VASOVASOSTOMY (VASECTOMY REVERSAL) POSTOPERATIVE INSTRUCTIONS

What to Expect

- Your procedure will be performed on an outpatient basis.
- You will need a friend or family member with you to drive you home.

Activity

- Your physical activity is restricted immediately following surgery for the first 48 hours. You should remain relatively inactive, avoid driving, and limit car rides.
- Avoid lifting anything greater than 10 lbs. for 10 days following surgery.
- You may return to work 3 to 4 days after surgery.
- DO NOT engage in sexual intercourse and do not ejaculate for at least 3 weeks following the surgery.

Wound Care

- Apply ice pack wrapped with a cloth directly to your scrotum for the first 72 hours as often as convenient.
- Wear a scrotal support (jock strap) for 7 to 10 days.
- Change gauze dressing to incision area daily as long as drainage continues (usually about 3 days), then leave uncovered.
- You may shower after 3 days following your surgery, but avoid vigorous scrubbing of the scrotum.
- Expect some redness, itching, and discoloration for 2-3 weeks following surgery.

Call Our Office if:

- Fever over 101.5 degrees F.
- Excessive swelling of the scrotum and/or bleeding.
- Follow-up appointment to check semen will be approximately 4-6 weeks following surgery.